

YMCA of Southwestern Indiana Training Dates for August and September 2026

Class	Date	Time	Location	Instructor
Skills Testing	Sunday, August 2	1:00pm - 4:00pm	Toyota YMCA Princeton	Emily Williams
Oxygen	Thursday, August 6	9:00am - 10:30am	Dunigan Family YMCA	Erin Helfrich
First Aid	Saturday, August 8	8:30am - 11:30am	Ascension St. Vincent	Kelly Winters
Skills Testing	Sunday, August 9	2:30pm - 5:30pm	Ascension St. Vincent	Theresa Doyle
Oxygen	Monday, August 10	4:30pm - 6:00pm	Ascension St. Vincent	Theresa Doyle
First Aid	Wednesday, August 12	8:30am - 11:30am	Ascension St. Vincent	Theresa Doyle
CPR/AED	Wednesday, August 12	5:00pm - 8:00pm	Ascension St. Vincent	Kelly Winters
Skills Testing	Saturday, August 15	10:30am - 1:30pm	Ascension St. Vincent	Natalie Tramill
CPR/AED	Saturday, August 15	12:00pm - 3:00pm	Toyota YMCA Princeton	Emily Williams
Skills Testing	Tuesday, August 18	9:00am - 12:00pm	Dunigan Family YMCA	Erin Helfrich
First Aid	Thursday, August 20	5:00pm - 8:00pm	Ascension St. Vincent	Natalie Tramill
Oxygen	Friday, August 21	5:00pm - 6:30pm	Toyota YMCA Princeton	Emily Williams
Oxygen	Monday, August 24	5:00pm - 6:30pm	Ascension St. Vincent	Kelly Winters
CPR/AED	Friday, August 28	11:00am - 2:00pm	Ascension St. Vincent	Natalie Tramill
Skills Testing	Tuesday, September 1	4:30pm - 7:30pm	Ascension St. Vincent	Natalie Tramill
First Aid	Tuesday, September 15	9:00am - 12:00pm	Dunigan Family YMCA	Erin Helfrich
Skills Testing	Thursday, September 17	10:30am - 1:30pm	Dunigan Family YMCA	Erin Helfrich
First Aid	Thursday, September 17	4:00pm - 7:00pm	Toyota YMCA Princeton	Emily Williams
Oxygen	Friday, September 18	11:00am - 12:30pm	Ascension St. Vincent	Natalie Tramill
Oxygen	Sunday, September 20	1:00pm - 2:30pm	Toyota YMCA Princeton	Emily Williams
CPR/AED	Monday, September 21	5:00pm - 8:00pm	Ascension St. Vincent	Kelly Winters
Skills Testing	Wednesday, September 23	4:00pm - 7:00pm	Toyota YMCA Princeton	Emily Williams
First Aid	Wednesday, September 23	5:00pm - 8:00pm	Ascension St. Vincent	Kelly Winters
CPR/AED	Saturday, September 26	10:30am - 1:30pm	Ascension St. Vincent	Natalie Tramill
Skills Testing	Sunday, September 27	2:30pm - 5:30pm	Ascension St. Vincent	Theresa Doyle
Oxygen	Monday, September 28	4:30pm - 6:00pm	Ascension St. Vincent	Theresa Doyle
CPR/AED	Tuesday, September 29	9:00am - 12:00pm	Dunigan Family YMCA	Erin Helfrich

Things To Know:

- * You must register for all in-house trainings through the YMCA Front Desk
- * You have 60 days from your date of hire to complete all trainings other than Child Abuse Prevention which must be completed before or on your first day of working.
- * If you register and aren't able to attend a class, email helfrich@ymcaswin.org AND cancel your registration with the front desk.

New Hires are automatically enrolled in West Bend Academy and WordPress. Look for emails with links to the Child Abuse Training, Bloodborne Pathogens and the New Employee Orientation.

If you need to recertify in Child Abuse or Bloodborne Pathogens, send an email to helfrich@ymcaswin.org with "West Bend" in the subject line with your request for a training link.

An email with a link will be sent to you within 3 business days.

Blended Learning

Staff have the option to complete an online class for CPR/AED, First Aid & Oxygen. Blended Learning includes all 3 classes and can't be split into individual classes. Staff will then attend Skills Testing to demonstrate knowledge of skills.

1. Email Erin Helfrich at helfrich@ymcaswin.org with your request to register for a blended learning class.
2. You will receive an email from HSI Platform with your class information and a link. The link will be emailed within one week.
3. You will have two weeks to complete the online portion once you receive the email.
Track the amount of time you spend completing the class and "add entry" in Paycom App.
Go to Time Management - Web Time Sheet (Read Only) - Add Entry
4. After you have completed the online portion, register for Skills Testing at the front desk. The available times are listed on the training schedule. The testings are scheduled in 3 hour blocks.
You will sign up for one hour of the testing. For example, testing may be scheduled from 4:00 to 7:00 but you will register for either 4:00, 5:00 or 6:00.
5. You will have 3 weeks after you have completed the online class to attend a testing.
6. It will take at least 5 to 6 hours to complete the entire blended learning class but you are able to resume the class where you left off.

After you complete a class, your certification cards will be emailed to you from HSI. Please keep these for your records. They will arrive 3 to 4 weeks after your class.